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A Gentle Path Through The

"Gentle Path through the 12 Steps." The author respects and follows the AA Big Book principles and traditions. This book gives readers a way to integrate the 12 Steps into their lives in a practical doable way. I have been sober 10/3/85. After reading Gentle Path, the author provides an extended look into the BB 12 steps. I use it with women I sponsor.

A Gentle Path through the Twelve Steps: The Classic Guide ...

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This revised edition of "A Gentle Path through the Twelve Steps "is a treasure chest, a rich and powerful resource for anyone working a twelve-step program. Carnes is a gifted teacher and leader. Revised Edition. Carnes offers us exercises, inventories, and guided reflections for those of us facing the daily challenges of attaining or maintaining an addiction-free lifestyle.

A Gentle Path Through the Twelve Steps: The Classic Guide ...

Times of crisis and change are opportunities for growing towards more whole and healthy lives. Renowned addiction expert Patrick Carnes, PhD, author of A Gentle Path through the Twelve Steps, outlines twelve guiding principles to help those in recovery develop an essential skill set for life. Twelve Steps.

A Gentle Path through the Twelve Principles: Living the ...

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- Patrick Carnes It was out of his reverence and respect for the wisdom and therapeutic value of the Twelve Steps that Carnes wrote A Gentle Path through the Twelve Steps, now a recovery classic and self-help staple for anyone looking for guidance for life's hardest challenges. Hundreds of thousands of people have found in this book a personal portal to the wisdom of the Twelve Steps.

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A Gentle Path through the Twelve Steps: The Classic Guide ...

A Gentle Path through the Twelve Steps by Patrick Carnes Book Resume: A revised and expanded edition of the recovery classic by Patrick Carnes, Ph.D., a leading expert on addictive behaviors. The Twelve Steps tap into the essential human process of change and will be regarded as one of the intellectual and spiritual landmarks in human history.

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Gentle Path at The Meadows helps men change the core of who they are, without distraction from the outside world. Dr. Patrick Carnes' methodology is integrated with The Meadows Model and The Meadows' signature Survivors Week to concurrently address sexual addiction and trauma to transform your life. 855-333-6076.

Sex Addiction Treatment for Men - Gentle Path at The Meadows

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A Gentle Path through the Twelve Steps Updated and Expanded

A Gentle Path through the Twelve Principles outlines twelve guiding principles to help those in recovery. These principles have existed among fellowships as a hidden curriculum of fundamental truths about recovery for decade, but never before have them been distilled into a succinct set of values that, when practiced, help each of us to develop an essential skill set for life.

A Gentle Path Through the 12 Steps and 12 Principles ...

Patrick Carnes, PhD, Dr. Patrick Carnes, is the founder and primary architect of Gentle Path at The Meadows. He is author of Out of the Shadows: Understanding Sexual Addiction (1983), the first work designed to help addicts deal with their sexual compulsions, and to examine the tangled web of trauma, love, addictive sex, hate, and fear often found in family relationships.

Gentle Path Press/IITAP, LLC. :: Authors :: Patrick Carnes ...

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A gentle path through the 12 steps and 12 principles ...

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A Gentle Path Through The Twelve Steps by PATRICK J CARNES (9781592858439)

A Gentle Path Through The Twelve Steps | PATRICK J CARNES ...

Among the many names this path might be called, we are calling it here a “mindful way through faith crisis” (with special emphasis on that preposition). ... Far less acknowledgement is given to the way personal growth can be God-inspired, grace-filled and supremely gentle.

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